

Lift Free or Die (July 23, 2016)

Name	DB\Keg C&P Medley		Deadlift						Sub Total	FARMER'S WALK			Sub Total	COUNTRY CRUSH Hold		Sub Total	SANDBAG LOAD - Max Weight					Total	Placing			
	Reps	Pts	1	2	3	4	5	6	Pts		Time	Dist	Pts		Time	Pts		100	125	150	175	200	Pts			
LW - Novice																										
Christine Galvin	9	4	1.58	3.58	6.54	9.6	12.53	16.3	4	8	20.97		3	11	01:09.0	3	14	x	x	x			4	18	1	
Caitlynn Cyr	7	3	1.58	4.61	7.41	9.69	12.87	16.93	3	6	17.64		4	10	43.96	2	12	x	x				2.5	14.5	2	
Michele Hubley	4	2	1.59	5.07	8.6	12.04	16.37	22.18	2	4	21.66		2	6	01:12.9	4	10	x	x				2.5	12.5	3	
Christine Gagen	0	0	14.3						1	1		0	0	1	6.76	1	2	25'						1	3	4
LW - Open																										
Dawn Donofrio	7	2.5	1.56	3.69	5.9	8.1	10.26	12.65	5	7.5	16.93		5	12.5	42.73	5	17.5	x	x	x			3	20.5	1	
Gerilyn Burnett	11	5	1.48	4.23	5.56	7.9	10.59	15.65	3	8	18.2		4	12	38.03	3	15	x	x		x		4	19	2	
Katherine Welch	7	2.5	1.25	4.08	6.62	9.32	11.95	15.18	4	6.5	27.14		3	9.5	41.78	4	13.5		x	x			5	18.5	3	
Katie Dundas	9	4	1.71	4.45	7.48	10.32	13.47	17.36	2	6	30.32		2	8	30.88	2	10				x		1	11	4	
Heather McNally	1	1	2.98	7.61	12.61	20.32	25.98	x	1	2	38.53		1	3	13.76	1	4	x	x				2	6	5	
MW - Novice																										
Wendy Sharpe	3	3	3.34	6.15	9.29	12.62	15.63	19.53	3	6	19.14		4	10	01:00.3	4	14	x	x	x			4	18	1	
Brianna Collins	1	2	1.66	4.2	7.03	9.86	13.17	17.48	4	6	21.18		3	9	31.44	1	10			25'			1	11	2	
Jessica Steffan	6	4	2.5	6.22	9.91	14.02	18.21	23.13	1	5	24.38		1	6	32.97	2	8	x	x				2	10	3	
Cynthia Flores	0	0	2.38	5.64	8.63	11.64	15.19	19.55	2	2	21.91		2	4	57.77	3	7	x	x	x			3	10	4	
MW - Open																										
Pamela Paul	7	3.5	1.49	4.24	6.93	9.74	12.62	15.88	3	6.5	20.16		4	10.5	59.9	4	14.5			x	x		4	18.5	1	
Lisa Capitano	7	3.5	1.83	4.19	6.47	9.23	11.97	14.81	4	7.5		84.04	3	10.5	54.95	3	13.5		x		x	x	3	16.5	2	
Mary Reilly	6	2	2.15	4.86	7.74	10.83	15.76	18.4	2	4		84.01	2	6	44.09	2	8	x	x	x			2	10	3	
Katie Carbonari	1	1	1.86	4.69	7.6	12.13	17.06	23.35	1	2		62.02	1	3	36.32	1	4	x	x				1	5	4	
HW - Novice																										
Cristina Coppola	1	1.5	2.08	5.59	9.57	12.81	16.04	19.63	2	3.5		40.08	1	4.5	41.75	2	6.5	x	x	x			2	8.5	1	
Molly Davis	1	1.5	2.38	6.11	11.49	15.99	20.24	25.25	1	2.5		41.02	2	4.5	23.46	1	5.5	x	x				1	6.5	2	
HW - Open																										
Rebekah Getman	3	2	2.23	5.73	9.56	14.91	21.3	29.8	1	3	32.91		2	5	23.5	2	7	x					1	8	1	
Lindsay Jean	1	1	2.15	7.25	10.78	14.68	20.89	27.48	2	3		77	1	4	18.14	1	5	x	x	x			2	7	2	